

African Lion Safari

2024 Special Dietary Needs Menu Selections

African Lion Safari is pleased to offer a limited number of food options for those guests with special dietary needs.

The information in this guide is provided as a service to our guests who take an interest in the ingredients of various foods we serve at African Lion Safari. This information is derived primarily from the packaging of the products we receive from our suppliers, and it is representative of the types of items found on our menus. While we endeavor to keep this guide current, **product substitutions and menu changes may occur at any time without notice.**

GLUTEN FREE PRODUCTS

GLUTEN FREE HOT DOG

Available at the Mombasa Market Restaurant upon request

HOT DOG – mechanically separated chicken, beef, water, modified corn starch, salt, potassium lactate, sodium phosphate, spice, spice extract, sodium erthorbate, sodium diacetate, garlic powder, sodium nitrate, smoke.

O'DOUGHES GLUTEN FREE HOT DOG BUN - water, potato starch, tapioca starch, sunflower oil, whole grain rice flour, chickpea flour, cellulose fiber, yeast, sea salt, organic evaporated cane juice, xanthan gum, glycerine, sodium acid pyrophosphate, baking soda. **Contains:** Soya. **May contain traces of eggs and sesame.**

GLUTEN FREE SALAD DRESSING

Available at Mombasa Market Restaurant

PEPPER MILL PARMESAN HERB ITALIAN DRESSING POUCH – water, soybean oil, white vinegar, sugar, salt, parmesan cheese, extra virgin olive oil, spice, dehydrated garlic, dehydrated onion, dehydrated parsley, xanthan gum, citric acid. **Contains:** milk

PEPPER MILL WHITE BALSAMIC LEMON & BASIL VINAGRETTE DRESSING POUCH – water, soybean oil, sugar, white balsamic vinegar (wine vinegar, concentrated grape mist, natural flavour, sulphites), white vinegar, basil, salt, concentrated lemon juice, extra virgin olive oil, lemon peel, lemon puree, dehydrated garlic, dehydrated onion, xanthan gum, spice, potassium sorbate.

PEPPER MILL TABLESIDE CAESAR DRESSING POUCH – soybean oil, water, white vinegar, frozen egg yolk, parmesan and Romano cheeses, salt, seasonings, dehydrated garlic, red wine

vinegar, concentrated lemon juice, spice, extra virgin olive oil, anchovies, xanthan gum, roasted garlic, olive oil, calcium disodium edta, citric acid, potassium sorbate. Contains: eggs, anchovies, milk

PEPPER MILL BUTTERMILK RANCH DRESSING POUCH – soybean oil, water, buttermilk, white vinegar, sugar, salt, frozen egg yolk, modified milk ingredients, maltodextrin, dehydrated garlic, dehydrated onion, phosphoric acid, xanthan gum, spices, potassium sorbate, dehydrated parsley, calcium disodium edta, citric acid. Contains: eggs, milk

Dip n' Dots that are gluten free

BUBBLE GUM – milk, cream, skim milk powders, maltodextrins, sugar, guar gum, carrageenan, sucralose, water, propylene glycol, xanthan gum, blue #1, red #40, yellow #5, and artificial flavors.

RAINBOW ICE – water, maltodextrin, sucrose, propylene glycol monoesters, cellulose gum, guar, carrageenan, sucralose, blue#1, red#40, yellow#5, yellow#6, natural and artificial flavors, citric acid.

BANANA SPLIT – milk, cream, skim milk powders, maltodextrins, sugar, guar gum, carrageenan, sucralose, red#40, yellow#5, chocolate syrup high fructose corn syrup, water, cocoa processed with alkali, xanthan gum, sugar, salt, vanilla, strawberry juice, natural and artificial flavors.

COTTON CANDY – milk, cream, sugar, artificial flavors, blue #1, red #40, less than 0.5% of (guar gum, carrageenan, locust bean gum, dextrose). Contains: milk.

CHERRY, BLUE RAZZ – water, corn syrup solids, sugar, natural and artificial flavors, contains 2% or less of the following FD&C Red #40, FD&C Blue #1, caramel color, citric acid, cellulose gum.

Dairy Free Ice Cream

Available **ONLY** at Jungle Junction, Serengeti Snacks & Samburu

RAINBOW SORBET – water, sugar, glucose, orange puree, (oranges, sugar, water, carob bean gum, carboxymethyl cellulose, sodium benzoate, natural flavour, colour) raspberry puree (sugar, raspberries, glucose-fructose, xanthan gum, guar gum, sodium benzoate, sodium citrate, colour), locust bean gum, methylcellulose gum, guar gum, citric acid, natural and artificial flavour, colour. May contain peanuts and tree nuts.

GLUTEN FREE BROWNIE

Available **ONLY** at Jungle Junction

GLUTEN FREE BROWNIE - sugar, expeller pressed canola oil, liquid whole egg, potato starch, alkali processed cocoa, natural vanilla flavor, salt, xanthan gum, natural chocolate flavor. Contains: eggs. Manufactured on shared equipment with soya.

VEGETARIAN OPTIONS

VEGGIE BURGERS

Available in Mombasa Market Restaurant

CARDINAL VEGGIE BURGER – water, soy protein, vegetable oil, ketchup (tomato paste, glucose, fructose, white vinegar, salt, onion powder, spices), onion, methylcellulose wheat gluten, flavor (contains sesame), garlic, salt, hydrolyzed soy, corn & wheat protein, caramel colour, sugar, spices, parsley, potassium chloride, maltodextrin, magnesium oxide, ferric orthophosphate, niacinamide, zinc oxide, cyanocobalamin, d-calcium pantothenate, copper gluconate, pyridoxine hydrochloride, thiamine mononitrate, riboflavin.

HOUSE SALAD

Available ONLY at Marrakesh

CONTENTS - iceberg lettuce, grape tomatoes, cucumbers and shredded carrots. Your choice of dressing.

PEPPER MILL PARMESAN HERB ITALIAN DRESSING POUCH – water, soybean oil, white vinegar, sugar, salt, parmesan cheese, extra virgin olive oil, spice, dehydrated garlic, dehydrated onion, dehydrated parsley, xanthan gum, citric acid. Contains: milk

PEPPER MILL WHITE BALSAMIC LEMON & BASIL VINAGRETTE DRESSING POUCH – water, soybean oil, sugar, white balsamic vinegar (wine vinegar, concentrated grape mist, natural flavour, sulphites), white vinegar, basil, salt, concentrated lemon juice, extra virgin olive oil, lemon peel, lemon puree, dehydrated garlic, dehydrated onion, xanthan gum, spice, potassium sorbate.

PEPPER MILL TABLESIDE CAESAR DRESSING POUCH – soybean oil, water, white vinegar, frozen egg yolk, parmesan and romano cheeses, salt, seasonings, dehydrated garlic, red wine vinegar, concentrated lemon juice, spice, extra virgin olive oil, anchovies, xanthan gum, roasted garlic, olive oil, calcium disodium edta, citric acid, potassium sorbate. Contains: eggs, anchovies, milk

PEPPER MILL BUTTERMILK RANCH DRESSING POUCH – soybean oil, water, buttermilk, white vinegar, sugar, salt, frozen egg yolk, modified milk ingredients, maltodextrin, dehydrated garlic, dehydrated onion, phosphoric acid, xanthan gum, spices, potassium sorbate, dehydrated parsley, calcium disodium edta, citric acid. Contains: eggs, milk

CAESAR SALAD

Available ONLY at Marrakesh

CONTENTS - romaine lettuce, parmesan cheese, croutons and bacon bits on the side.

PEPPER MILL TABLESIDE CAESAR DRESSING POUCH – soybean oil, water, white vinegar, frozen egg yolk, parmesan and Romano cheeses, salt, seasonings, dehydrated garlic, red wine vinegar, concentrated lemon juice, spice, extra virgin olive oil, anchovies, xanthan gum, roasted garlic, olive oil, calcium disodium edta, citric acid, potassium sorbate. Contains: eggs, anchovies, milk

CROUTONS – toasted wheat crumbs, vegetable oil shortening (soybean), sugar, salt, garlic powder, onion powder, grated parmesan cheese, dehydrated parsley, autolyzed yeast extract, citric acid, flavour, colour, disodium insinuate and disodium guanylate, spices.

GRATED PARMESAN CHEESE - milk, milk ingredients, bacterial culture, salt, rennet and/or microbial enzyme, calcium chloride, lipase, cellulose, parmesan flavour.

VEGGIE SLICE

DOUGH – wheat flour, spring water, pure canola oil and olive oil, sugar, salt, yeast.

CHEESE – pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme.

SAUCE – vine-ripened fresh tomatoes, blend of extra virgin olive oil and sunflower oil, salt, oregano, granulated garlic, black pepper and naturally derived citric acid.

Topped with green peppers, mushrooms and red onions

VEGGIE WRAP

CONTENTS – iceberg lettuce, tomato, red onions green peppers.

WHOLE WHEAT TORTILLA – whole wheat flour, water, vegetable (canola non-hydrogenated), baking powder (sodium bicarbonate, sodium acid pyrophosphate, corn starch, monocalcium phosphate), salt, potassium sorbate, mono and diglycerides, sodium propionate, sodium stearoyl-2-lactylate, fumaric acid, cellulose gum, corn maltodextrin, carrageenan and/or guar gum and/or xanthan gum. May contain traces of soy and sulphites

FLOUR TORTILLA – enriched wheat flour (enriched with iron, thiamin mononitrate, riboflavin, folic acid), water, vegetable oil (non-hydrogenated), baking powder (sodium bicarbonate, sodium and pyrophosphate, corn starch, monocalcium phosphate), salt, mono and diglycerides, fumaric acid, sodium stearoyl-2-lactylate, sodium propionate, cellulose gum, corn maltodextrin, carrageenan and/or guar gum and/or xanthan gum. May contain traces of soy and sulphites

HELLMAN'S RANCH DRESSING - water, soybean oil, buttermilk, modified corn starch, vinegar, garlic and onion juice, salt, sugar, natural and artificial flavor, spices, xanthan gum, sorbic acid, propylene glycolalginatate, phosphoric acid, lactic acid, polysorbate 60 and 80, sodium benzoate, disodium guanylate, disodium inosinate, dried chives, calcium disodium edta, colour. Contains: milk, mustard

HALAL

HALAL CHICKEN FINGERS

Available **ONLY** at Nairobi Fry Hut & Mombasa Market Restaurant

REUVEN HALAL CHICKEN FINGERS – chicken breast fillets, water, salt, onion powder, garlic powder, spices in a coating of water, toasted wheat crumbs with spice extractives, spices, wheat flour, whey powder (milk), vegetable oil (canola and/or sunflower) (anti-dusting agent), yellow corn flour, corn starch, canola oil, soy protein isolate, sugars (dextrose), guar gum browned in canola oil.

HALAL SAFARI DOG

Available **ONLY** at Tusker Grill

ERIE MEATS (EUROPEAN BRAND) HALAL CHICKEN WIENERS – mechanically separated chicken, chicken skin, water, salt, modified corn starch, corn syrup solids, modified wheat flour, sodium phosphates, sodium diacetate, onion powder, garlic powder, sodium erythorbate, mesquite smoke flavor, spices (contains celery), spice extracts, sodium nitrate, paprika extract. May contain egg

HOT DOG BUNS – water, enriched wheat flour, sugar, canola oil, salt, soya flour, soft alpaga, calcium, starplex 90, yeast.

HALAL SMOKEY DOG

Available **ONLY** at Tusker Grill

ERIE MEATS (EUROPEAN BRAND) HALAL CHICKEN WIENERS – mechanically separated chicken, chicken skin, water, salt, modified corn starch, corn syrup solids, modified wheat flour, sodium phosphates, sodium diacetate, onion powder, garlic powder, sodium erythorbate, mesquite smoke flavor, spices (contains celery), spice extracts, sodium nitrate, paprika extract. May contain egg

HOT DOG BUNS – water, enriched wheat flour, sugar, canola oil, salt, soya flour, soft alpaga, calcium, starplex 90, yeast.

BBQ SAUCE – glucose/fructose, sugar, water, tomato paste, white vinegar, blackstrap molasses, salt, canola and/or soya oil, modified corn starch, spices, flavour, dehydrated onion & garlic, caramel colour, mustard flour, xanthan gum.

NACHO CHEESE – cheese whey, partially hydrogenated soybean oil, modified food starch, cheddar cheese (cultured milk, salt and enzymes), jalapend peppers, sodium phosphate, salt, maltodextrins, monosodium glutamate, natural flavors, vinegar, datem, sodium polyphosphate, caramel color, color added.

Contains: milk

Chopped onions

HALAL TEX MEX DOG

Available **ONLY** at Tusker Grill

ERIE MEATS (EUROPEAN BRAND) HALAL CHICKEN WIENERS – mechanically separated chicken, chicken skin, water, salt, modified corn starch, corn syrup solids, modified wheat flour, sodium phosphates, sodium diacetate, onion powder, garlic powder, sodium erythorbate, mesquite smoke flavor, spices (contains celery), spice extracts, sodium nitrate, paprika extract. May contain egg

HOT DOG BUNS – water, enriched wheat flour, sugar, canola oil, salt, soya flour, soft alpage, calcium, starplex 90, yeast.

SALSA – water, crushed tomato concentrate, fresh jalapeno peppers, fresh onions, white vinegar, dehydrated onions, salt, dehydrated garlic, flavor.

NACHO CHEESE – water, modified corn starch, corn starch, cheddar cheese (milk, bacterial culture, salt, microbial enzymes, annatto), skim milk powder, salt, coconut oil, sodium hexametaphosphate, casein, maltodextrin, tomato powder, autolysed yeast extract, tricalcium phosphate, monoglycerides, sodium hydroxide, jalapeno peppers, methyl silicone, (antifoaming agent), acetic acid, natural and artificial flavors, color. Monoglycerides derived from soybeans.

Topped with jalapeno peppers

HALAL SUPREME DOG

Available **ONLY** at Tusker Grill

ERIE MEATS (EUROPEAN BRAND) HALAL CHICKEN WIENERS – mechanically separated chicken, chicken skin, water, salt, modified corn starch, corn syrup solids, modified wheat flour, sodium phosphates, sodium diacetate, onion powder, garlic powder, sodium erythorbate, mesquite smoke flavor, spices (contains celery), spice extracts, sodium nitrate, paprika extract. May contain egg

HOT DOG BUNS – water, enriched wheat flour, sugar, canola oil, salt, soya flour, soft alpage, calcium, starplex 90, yeast.

SOUR CREAM – cream, milk, modified milk ingredients, modified corn starch, guar gum, carrageenan, carob bean gum, sodium citrate, sodium phosphate, bacterial culture.

Topped with diced tomatoes and fried onions

HALAL SOUTHWEST DOG

Available **ONLY** at Tusker Grill

ERIE MEATS (EUROPEAN BRAND) HALAL CHICKEN WIENERS – mechanically separated chicken, chicken skin, water, salt, modified corn starch, corn syrup solids, modified wheat flour, sodium phosphates, sodium diacetate, onion powder, garlic powder, sodium erythorbate, mesquite smoke flavor, spices (contains celery), spice extracts, sodium nitrate, paprika extract. May contain egg

HOT DOG BUNS – water, enriched wheat flour, sugar, canola oil, salt, soya flour, soft alpage, calcium, starplex 90, yeast.

ANCHO CHIPOTLE SAUCE– water, soybean oil, brown & granulated sugar, tomato paste, vinegar, ancho chili puree (water, ancho chili peppers, salt, citric acid, salt, liquid egg yolk, spice, modified milk ingredients, garlic & onion powder, modified corn starch, dried minced garlic, lactic acid, mustard flour, phosphoric acid, xanthan gum, polysorbate 60 & 80, potassium sorbate, concentrated lemon juice, citric acid, calcium disodium EDTA. Contains: milk, mustard, egg.

Caramelized onions & diced tomatoes

HALAL NEW YORK DOG

Available **ONLY** at Tusker Grill

ERIE MEATS (EUROPEAN BRAND) HALAL CHICKEN WIENERS – mechanically separated chicken, chicken skin, water, salt, modified corn starch, corn syrup solids, modified wheat flour, sodium phosphates, sodium diacetate, onion powder, garlic powder, sodium erythorbate, mesquite smoke flavor, spices (contains celery), spice extracts, sodium nitrate, paprika extract. May contain egg

HOT DOG BUNS – water, enriched wheat flour, sugar, canola oil, salt, soya flour, soft alpage, calcium, starplex 90, yeast.

SAUERKRAUT - cabbage, water, salt, wine, sodium benzoate and sodium metabisulfite as preservatives.

D'JON MUSTARD - distilled Vinegar, Mustard Seed, Water, Salt, Chardonnay Wine, Spices and Natural Smoke Flavor.

HALAL SRIRACHA DOG

Available **ONLY** at Tusker Grill

ERIE MEATS (EUROPEAN BRAND) HALAL CHICKEN WIENERS – mechanically separated chicken, chicken skin, water, salt, modified corn starch, corn syrup solids, modified wheat flour, sodium phosphates, sodium diacetate, onion powder, garlic powder, sodium erythorbate, mesquite smoke flavor, spices (contains celery), spice extracts, sodium nitrate, paprika extract. May contain egg

HOT DOG BUNS – water, enriched wheat flour, sugar, canola oil, salt, soya flour, soft alpage, calcium, starplex 90, yeast.

SRIRACHA MAYO – garlic clove, finely grated, chili, sugar, salt, garlic, distilled vinegar, potassium sorbate and sodium bisulfite as preservatives, xanthan gum, fresh lemon juice, kosher salt.

FROZEN BANANAS (GLUTEN FREE/DAIRY FREE)

Available **ONLY** at Tusker Grill, Nairobi Fry Hut & Funnel Cake Factory

CHOCOLATE – banana, chocolate coating (sugar, chocolate liquor, cocoa butter, chocolate liquor processed with alkali, soy lecithin, vanilla, salt), coconut oil, soybean oil.

CHOCOLATE/SPRINKLES – banana, chocolate coating (sugar, chocolate liquor, cocoa butter, chocolate liquor processed with alkali, soy lecithin, vanilla, salt), sprinkles (sugar, partially hydrogenated vegetable oil (cottonseed, soybean), corn starch, dextrin, soy lecithin, confectioner's glaze, camauba wax, FD&C red #40, natural and artificial flavor, FD&C yellow #5, FD&C blue #1, FD&C red #3), coconut oil, soybean oil.

CHOCOLATE/PEANUTS – banana, chocolate coating (sugar, chocolate liquor, cocoa butter, chocolate liquor processed with alkali, soy lecithin, vanilla, salt), peanuts, coconut oil, soybean oil.

**African Lion Safari is NOT a nut free environment.
Guests are permitted to bring picnic lunches into the park.
For more information please contact us at:**

**African Lion Safari
1386 Cooper Rd, R.R. # 1, Cambridge, ON N1R 5S2
519-623-2620
admin@lionsafari.com www.lionsafari.com**

Revised May 8/24